LYDTROLD AUDIO / MADE IN DENMARK

Console Distressor

Character compressor



User Manual

English | Manual edition 1.0 | October 2026

Product version: 0.1.18

Native: VST3 and AAX Native; AU on Mac

AAX DSP + Native edition available for compatible HDX systems

lydtrold.com

01 / START HERE

Meet Console Distressor

Character compressor with selectable ratios, distortion modes and external sidechain.



Your first session

1. Insert on a track or bus and start with modest compression.

2. Play the loudest section. Increase compression until peaks are controlled, then set timing so the musical attack and recovery remain natural.

3. Match output loudness to bypass. Check quieter passages before saving a preset.

02 / REFERENCE

Controls and behaviour

Names follow the front panel; alternate host parameter names are included where useful. Ranges describe control values, not recommended settings.

CONTROL	RANGE / OPTIONS	HOW TO USE IT
Input	-30 to +30 dB	Drives compression and character. Rebalance Output after changing it.
Attack	0.1-100 ms	Controls the onset of gain reduction.
Release	50-2000 ms	Controls recovery when Auto Release is off.
Ratio	1 / 2 / 3 / 4 / 6 / 10 / 20:1 / NUKE	Selects compression strength or aggressive NUKE behaviour.
Mix	0-100%	Blends unprocessed and compressed audio.
Output	-20 to +20 dB	Sets the final level.
Sidechain HPF	0-800 Hz	Reduces bass sensitivity in the detector. Zero disables filtering.
Harmonic Character	Clean / Dist 2 / Dist 3	Selects the harmonic treatment independently of ratio.
Detector	Peak / RMS	Chooses peak-sensitive or averaged level detection.
Auto Release	On / Off	Uses automatic recovery instead of fixed manual release.
Bypass	On / Off	Compares the full process with the source.

03 / IN PRACTICE

Workflows and troubleshooting

Keep the attack

Use a slower attack for more initial punch; faster settings restrain transients more strongly.

Set the recovery

Listen between notes. A release that is too short can distort or pump; one that is too long can keep the next phrase compressed.

Compare fairly

Match makeup or output to bypass before deciding whether compression improves the source.

Character and density

Set compression in Clean first, then compare Dist 2 and Dist 3 at matched output level.

External sidechain

Select a key signal through host routing; use the host Key Input menu in Pro Tools. Stereo detection is linked; a legacy inactive Link parameter is not an M/S processing mode.

If the result is unexpected

Little gain reduction. Check the enable switch, input level and compression amount. A routed external key must also carry audio.

Pumping or lost punch. Reduce the amount, slow the attack, or adjust release to the phrase.

04 / INSTALLATION AND SESSIONS

Install, recall and get help

Download and install

Visit https://lydtrold.com/installer and download the public Lydtrold Installer for your platform. Close your DAW before installing or updating. For AAX, Pro Tools must be fully closed. Enter the licence key associated with your purchase or Free Collection, select the product and required formats, then install.

Choose the format

Use AU in compatible Mac hosts, VST3 in compatible Mac or Windows hosts, or AAX Native in Pro Tools. The AAX DSP edition runs on compatible Pro Tools HDX systems and includes the Native formats. Select the edition covered by your licence.

System compatibility

The public Mac plug-ins support Intel from macOS 10.15 and Apple silicon from macOS 11. The current public Mac installer requires macOS 12 or later. Use a compatible 64-bit DAW and check the product page for current platform and format availability.

Recall and automation

Save the DAW session and use supported host presets to retain parameter settings. Automate sound controls exposed by the installed edition in the host. Display-only meters and analysis results are not sound parameters. Save a preset before resetting or making major changes.

Support

Visit https://lydtrold.com/contact. Include the product name and installed version, operating system, DAW version, plug-in format and relevant routing. Describe the steps that reproduce the problem and the expected result.

Manual edition 1.0, 26 October 2026. Covers the public product version shown on the cover. Manual editions and plug-in versions are separate. Illustrations show the published product interface.